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Tuesday, January 22, 2008

## Ask a doctor

Orange County doctors are available to field questions on health and medicine from Register readers.

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Are you wondering if supplements really work? Are you contemplating a tummy tuck but don't know how to pick a doctor? Maybe you're wondering about care options for an elderly parent.

The Register's health team is assembling a group of Orange County doctors ready to take your questions. And best of all, you won't have a co-pay.

Write to us and we'll pass along your questions. Selected questions will be published.

So far, we have a plastic surgeon, two pediatricians, a gerontologist, a doctor specializing in alternative medicine and a spine surgeon.

They are:



**Ask the plastic surgeon:** Dr. Gregory Evans, chief of the Aesthetic and plastic Surgery Institute at UC Irvine. Are you

contemplating a tummy tuck but don't know how to pick a doctor? Are you confused about silicone vs. saline breast implants? Dr. Evans can answer questions about cosmetic medicine.

**Ask the geriatrician:** Dr. Laura Mosqueda, medical director of the UC Irvine Senior Health Center, has appeared on Nightline NBC. Her interests include memory loss, elder abuse and improving quality of life for the elderly. Ask her questions about aging, medications or end of life care.



**Ask the alternative medicine doctor:** Dr. Wadie Najm is an expert in acupuncture, integrative medicine, dietary supplements and

mind-body medicine. He's part of UC Irvine's Susan Samueli Center for Integrative Medicine. He's available to answer your questions about holistic approaches to health care.

**Ask the spine surgeon:** Dr. Charles Rosen founded the UCI Spine Center as well as the Association for Ethics in Spine Surgery. He's available to answer questions about back pain and surgery.



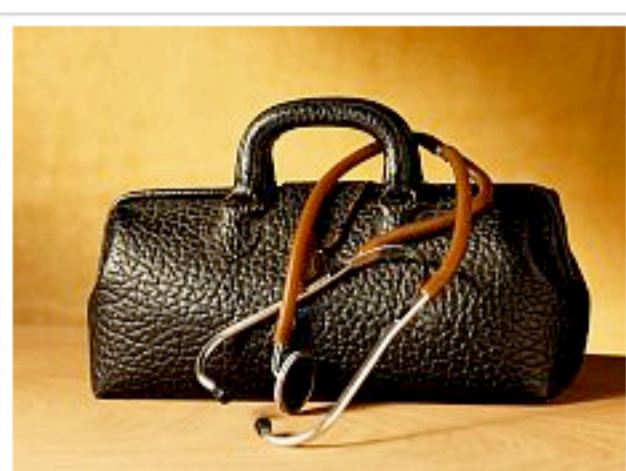
**Ask the pediatrician:** Dr. Lynn Hunt, a UC Irvine pediatrician, takes a special interest in early literacy, family diversity and eliminating disparities in health care.

**Ask the pediatrician:** Dr. Steven Abelowitz is medical director and president of Coastal Kids Pediatric Medical Group in Newport Beach and Laguna Niguel.



They can answer questions about children's health. Submit your questions to [AskUs@ocregister.com](mailto:AskUs@ocregister.com). Please write the name of the doctor you'd like an answer from in the subject line.

Contact the writer: 714-796-7793 or [askus@ocregister.com](mailto:askus@ocregister.com)



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### Ask the doctors

Got a question you'd like to ask one of the doctors who are taking questions from Register readers?

Submit it to [AskUs@ocregister.com](mailto:AskUs@ocregister.com). Please write the name of the doctor you'd like an answer from in the subject line. Selected questions will be published.

- Dr. Gregory Evans, UC Irvine Aesthetic and Plastic Surgery Institute
- Dr. Laura Mosqueda, UC Irvine Senior Health Center
- Dr. Wadie Najm, UC Irvine Susan Samueli Center for Integrative Medicine
- Dr. Charles Rosen, UC Irvine Spine Center
- Dr. Lynn Hunt, UC Irvine pediatrician
- Dr. Steven Abelowitz, Coastal Kids Pediatric Medical Group

### Doctor Q&A

[See the latest questions and answers from Orange County doctors »](#)

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